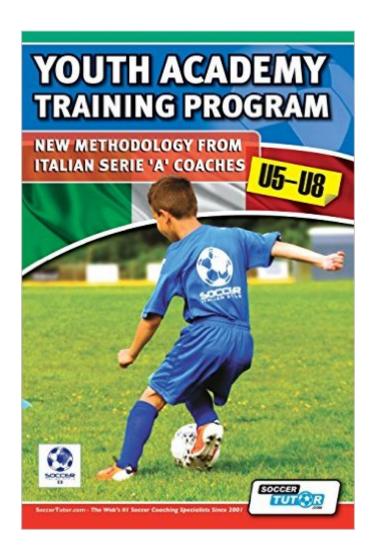
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Youth Academy Training Program U5-u8 - New Methodology From Italian Serie 'A' Coaches'





Synopsis

Soccer Italian Style coaches Mirko Mazzantini (AFC Fiorentina) and Simone Bombardieri (Empoli FC) are both professional academy coaches and in this book demonstrate their brand new training program for U5-8 year olds. This book contains their detailed philosophy and methodology to train technique, individual tactics, motor skills and coordination, as well as 20 full sessions (100 practices).

Book Information

Paperback: 124 pages Publisher: SoccerTutor.com (June 10, 2013) Language: English ISBN-10: 0957670508 ISBN-13: 978-0957670501 Product Dimensions: 6.1 x 0.2 x 9.2 inches Shipping Weight: 7 ounces Average Customer Review: 5.0 out of 5 stars Â See all reviews (1 customer review) Best Sellers Rank: #1,906,512 in Books (See Top 100 in Books) #396 in Books > Sports & Outdoors > Coaching > Soccer #478 in Books > Sports & Outdoors > Coaching > Football (American) #1978 in Books > Sports & Outdoors > Soccer

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